

Cambourne Youth Partnership Report (April 2016)

Board of Trustees:

Nigel Taylor (Chair); Neil Perry (Vice-Chair); Jey Patel (Treasurer); Richard Brown (Secretary); Neil Thompson; Rev Matthew Trick; Len Thornton.

CYP are grateful for the financial support of the **Cambourne Parish Council** in providing an **annual grant of £20,000** for the financial year 2015-16, supplementing the income of approximately £11,000 received from the Section 106 revenue grant for youth work in Cambourne. As a result of this financial commitment, we have continued to develop a range of activities through our **team of youth and children's workers and a number of volunteers.**

Jackson Nazombe: Youth Development Worker based at Romsey Mill (RM) - 3 days per week

Jonathan Buwert: Youth Worker based at Cambourne Church (CC) - 1 day per week

Jane Brooks: Children's and Family Worker based at Cambourne Church (CC) - 1 day per week

Stacy Buwert was appointed as **part-time administrator** in March 2016

Volunteer team including students : Sam Buxton, Nicholas Kumbula, Georgina Bickerdike, Josh Maloney, Kayleigh Baynes (Wed Clubs)
Annette Ellis (sessional worker), Janet Filby (Thursday Clubs): Pete McAdam, Paul Howard (Music Studio)

CYP is also grateful to **Romsey Mill** and **Cambourne Church** who offer support for these youth and children's workers carrying out a proportion of their work in Cambourne.

Programme of activities:

Here is a summary of the CYP programme run by the CYP team or overseen in cooperation with others during the last financial year 2015-16, mainly at the **Soul Building in Back Lane.**

Young Carers Group (Tuesday evenings 6-8pm)

This group is run by Centre 33, a Cambridge-based charity, and has met weekly in the Cambourne Soul Building to provide support for young people who carry out caring tasks on a regular basis, offering support or assistance to another family member who is disabled, physically or mentally, or has a substance misuse problem.

Lads Football Project (Tuesday evenings 8.45 – 10.15pm)

This popular activity attracts 20-30 young people. The slight drop in numbers from the previous year is due to many of the young people moving on to work, university or other commitments. In addition, a few had outgrown the club and decided to move on. We continue to offer support to find work or connect with college courses where appropriate. The sessions are run by a Romsey Mill staff member (also a CYP trustee) and volunteers, with some oversight from the CYP Youth Development Worker (RM).

Secondary School Support

The CYP Youth Development Worker (RM) currently supports 15 Cambourne young people at Comberton Village College on a one-to-one basis. These sessions are for young people who struggle with the school environment. The CYP Youth Development Worker also conducts some small group sessions taking place three times a week on Tuesdays, Wednesdays and Fridays.

In addition, the CYP Youth Worker (CC) supports students at Cambourne Village College on a one-to-one basis, using time allocated from his church role. It is anticipated that both youth workers will work increasingly at Cambourne VC as the college expands. The needs for supporting young people at Cambourne Village College are becoming more evident. We believe that CYP will probably have more referrals from year 9 onwards. Some of the targeted young people who need improved confidence and social skills now attend the junior youth club, on a Wednesday afternoon, 4pm – 6pm.

We also provide support for Cambourne young people attending other schools including in Cottenham and Foxton

Junior Youth Club (Wednesday 4-6pm) & Senior Youth Club (Wednesday 7-9pm)

Both clubs are run by the two CYP youth workers and volunteers. The Junior Club for younger secondary school pupils (Years 7&8) was launched in October 2014. This now gets a regular cohort of about 10 to 15 young people each week

The Senior Club for pupils from Year 9 upwards (14+) has an average of 27 young people each evening, with at least 40 in contact with the group. We have completed our art project, in partnership with The Wysing Art Centre. Most young people now have their own hoodies with their very own logo design. We also have had contributions from Michelle Owen, Locality Youth Support Worker. She has been brilliant at supporting a targeted group of girls during the spring term 2016, and also providing vital links and ongoing oversight for other at risk young people. The summer term 2016 will see the production of a film documentary made by the young people with help from one of the student youth workers from Romsey Mill. We have also been making use of the music studio and now have a small group of community volunteers starting to help with more studio projects. We are also working towards another show at the Junction venue in Cambridge in the summer, alongside young people from Romsey Mill, using funding from Youth Music.

Music Studio (Wednesday evenings and some other times)

The CYP Youth Worker (CC) is currently working with small groups on Wednesdays and some Fridays providing support for young people keen to explore their music talents. We are exploring the option of running a music technology course in autumn 2016 to help young people feel more confident about using the studio. It may be possible to explore wider use of the Studio by the community in due course.

Aspire Group (Wednesday evening)

The Aspire group is for children with Asperger Syndrome or other high functioning Autistic Spectrum Conditions and who are in mainstream school. The group is run in the Sports Pavilion in Cambourne by Romsey Mill's Aspire Programme Youth Development worker, supported by volunteers.

Young Parents group (Wednesday morning)

CYP's Children's and Family Worker supports this group (working in partnership with the Children's Centre). This group meets on a Wednesday morning and works with 10-12 young parents under 25 and their toddlers, providing parenting support and developing play for the child whilst modelling to the parents how to support their child's play and use it to encourage healthy child development. There is also a focus in equipping the young parents with other life skills, such as handling money, returning to full time education, dealing with agencies such as the benefit office/ housing associations, and supporting parents with getting medical attention as needed. Much of this work centres around building the self-esteem and self-confidence of the parents as they attend each week

Boxing (Thursday 4-6pm)

During the spring term 2016 the CYP Youth Development Worker (RM) has been supporting the young people involved in this project with post-16 College options and applications. All 8 young people now have College offers or apprenticeship places. We are very proud to say that the young people have acknowledged our contribution to building their confidence and aspirations. We have already identified a new group of young people who will be starting with us in the summer term 2016. The 8 who have participated in the past may choose to continue but will not be given the same level of support as we make room for a new group.

Children's Clubs (Thursday: Allstars – Reception & Years 1&2: 3.45 – 4.45pm; Crazy Crew – Years 3-6: 5.00 – 6.15pm)

We continue to run 2 children's clubs on a Thursday afternoon during term time, staffed by CYP's Children's and Family Worker (CC) and a sessional worker, supported by volunteers. We are now in contact with 18 families through these clubs, with 10-12 regularly attending the KS1 club, but fewer attending the KS2 club, though several have special educational needs, benefiting greatly and making progress socially as a result of the positive attention provided. There is a mix of crafts, computer games, table top games, stories, playing with a selection of toys – especially small world play and construction, and big games – including outdoors weather permitting. A healthy snack is provided each week, and there is a tuck shop available (no more than 20p -30p spend per week encouraged).

The clubs provide opportunities to support children in a wide variety of ways. We aim to build self-esteem through positive interactions with peers and adult leaders. Listening to each child is central to what we do – their opinions, hopes and dreams, troubles and successes. We actively develop social skills within the group – with a particular focus on sharing and turn taking, and learning how to lose. The tuck shop provides an opportunity to support the maths curriculum through basic arithmetic and handling money. Children are given the responsibility of tidying up after themselves as far as possible.

Chillax (Friday 4.30-6.00pm)

This group has ended due to unsustainably large numbers. We did not have enough volunteers to ensure the safety and enjoyment of young people. It was decided by all partners that we re-evaluate how we best serve the needs of these young people. In the summer term, the CYP Youth Development Worker (RM) intends to run targeted life skills courses and healthy lifestyle sessions using the Soul building and/or The Blue School.

Detached Youth Work

Due to the increased work with the groups, there have only been sporadic detached sessions. Both youth workers feel that they now know the young people really well and will target specific problem areas as advised by police or other community partners. As the weather improves there will be greater opportunity to meet young people outdoors and detached sessions may become more frequent, depending on the time available.

Family Fun Days

We have run a number of Family Fun Days during the school holidays for primary aged children and their parents/carers (and often including their pre-school siblings as needed). These have been a great success and are really appreciated by those who attend. We ran Fun Days in the Spring half term, Easter holidays and 2 Fun Days over the summer holidays in 2015. The Fun Days over Easter and half term were particularly well supported. Across all the Fun Days we worked with 18 Families and their children. We are grateful to Everyone Active who have accommodated us in their busy holiday schedule, delivering a bouncy castle session and a multisports session. We also ran an Easter trail and a family sports day event in 2015. We already plan to run Fun Days in the June half term and the summer holiday period in 2016.

STOP PRESS: We have secured funding from the County Council to run a summer programme in August and we are currently working on the details of this project. We will be publicising the full programme after summer half term.

In total we have had contact with over 300 young people in the past year. This is a target we will aim to maintain for 2016/17 whether through clubs on Wednesdays, Thursdays and Fridays, specific activities such as football, boxing and music studio sessions, or one-to-one/group work in local schools.

- ***Thank you for reading this report There are opportunities for volunteers to help at the clubs on Wednesdays & Thursdays (subject to DBS checks)***
- ***We would also welcome one or two more trustees if you are interested in a more strategic support role***
- ***If you would like to discuss supporting Cambourne Youth Partnership in any way, please contact us at officecyp@googlemail.com***