

To: 'Jessica Lydon' <jessica.lydon@cambourneparishcouncil.gov.uk>
Subject: FW: Community reach fund application

AGENDA ITEM No. 19.1

Hi Jess,

Jon asked me to send a copy of the children's magazine design so far so please find it attached to this email. Also the community reach fund have just approved a grant for me, on the proviso that I find a company to hold the money (as we discussed in the meeting). Please see email below for more info.

Let me know if you require anything else from me in order to put my proposal to the council board.

Thanks again

Carla

From: Silvester Amanda <Amanda.Silvester@cambridgeshire.gov.uk>
Sent: 04 October 2018 08:42
To: Carla.greenwood <[Carla](#).>
Subject: RE: Community reach fund application

Good morning Carla,

I was just writing to let you know I took your Community Reach Fund application to the panel yesterday.

They were interested to hear how you had set this up yourself as you had noticed a gap in provision of information, and how you had writers, with professional backgrounds, writing advice and support for other parents, etc as well as informing other parents of young children of what's on in Cambourne.

The application showed you were supporting the local community, motivating community members to be involved in the newsletter, it was inclusive through the range of items in there for parents, and you had showed how it would be sustainable in the future through advertisers.

They were very impressed with the copy of the Clever Cherubs, and have agreed to award you the fund you requested!

We just need to sort out who will hold the funds for you, hopefully the PC or if not they said you could try the school to see if they would do this for you?

Once you have identified who will hold the money for you, just let me know and I will send you the Grant Acceptance forms to be completed. The money is transferred not long after we have received the back completed and signed.

Any questions or problems – just let me know,

Well done Carla! 😊

Kind Regards

Amanda

From: Carla.greenwood [<mailto:Carla>]
Sent: 02 October 2018 06:21
To: Silvester Amanda <Amanda.Silvester@cambridgeshire.gov.uk>
Subject: RE: Community reach fund application

hi Amanda.

I sent the publisher file to you through 'we transfer' as it was too big to send as an attachment. You will just need to download the link in the email.

Carla



**Small grants for projects that benefit communities – particularly children, young people,
their families**

Grant Application Form

If this application was not generated by your Youth and Community Coordinator (YCC) you must make contact with your YCC before applying.

Your YCC will explore your idea with you and support you to apply. They may also be able to support you with additional funding and other project/activity considerations and may know of relevant partners who could offer in kind support.



1.

Introduction

The Community Reach Fund would like to support community projects with children, young people, and their families living in Cambridgeshire. Funds should be spent within 12-18* months of being awarded. (* up to 18 months is at the discretion of the YCC.)

2.

What should projects achieve?

Projects must aim to achieve the following:

- Help community members to develop their own initiatives and by doing so contribute to community resilience
- Be inclusive and have a shared benefit to their communities
- Motivate and empower other community members to take part and by doing so develop social capacity.
- Develop opportunities for children, young people and their families to engage in positive activity which is beneficial to their health and well-being.

Projects should also consider how they might sustain and further develop their projects.

3.

How much can you apply for?

You can apply for up to £1000. You must be able to evidence how you would match fund a grant by a minimum of 10%. This could be volunteering hours, donations or entry fees of 50p over the course of the project or the donation and loan of resources from other community assets such as your children's centre, school, nursery, library, church, parish council etc. Funds should be spent within 12-18 months of being awarded.

4.

Presenting your application

Once you have met with your YCC and are ready to proceed please complete this application form. Your application may be enhanced by the addition of further information in one of the three forms below:

- A word document (up to 750 words). You can use photographs to illustrate your application
- A PowerPoint presentation (up to 15 slides with less than 50 words per slide)
- A video presentation (10 minutes maximum)

Please note you will not be required to present this application in person but the presentation you are submitting alongside this application should contain all the information you wish to be considered. You must also include evidence that represents the voice of children, young people and their families you are wishing to support.

Your application should describe:

- What your project aims to achieve and how it will achieve the 4 points listed in section 2
- Why your project is needed and who has helped this idea to evolve
- Who will benefit and how they will benefit
- Where and when it will take place
- How your project will be carried out, including how you are going to use the funding
- How you will record what you have done and what you have achieved
- How the project will help your work be more sustainable
- Any partners or umbrella organisations that will support you as appropriate with financial, governance and safeguarding arrangements eg: your parish council, a local charity, a local faith based organisation or school.



It is important that you can evidence the impact Community Reach funding has had on your project. You will be required to evaluate the impact of any grant funding and submit an evaluation that demonstrates what has been achieved. Your Youth and Community Coordinator will visit your project and support you to plan your evaluation using methods that suit your group/organisation.

You will also be required to submit an evaluation of what the funding has achieved by the end of the twelve month period.

5. Submitting your application

You need to fill in the grant form below to support your application. The grant form asks for:

- Basic information about your project
- Information about your organisation. If you are not a constituted voluntary or community group you will need a reference or letter of support from an organisation that will administer the grant on your behalf. Organisations must be legally constituted and have a constitution that allows them to support your project.

You could approach a community voluntary organisation, local school, local council or church. If you are unsure your Youth and Community Coordinator will help you to make these contacts and support you to apply.

Send this grant form together with your application by e-mail or post to the Youth and Community Coordinator in your area.

Area your project will take place	Send by e-mail to...	Telephone Numbers
Cambridge City	Paul.Connelly@Cambridgeshire.gov.uk	Office: 01223 729075 Mobile: 07966 042609
South Cambs	Amanda.Silvester@cambridgeshire.gov.uk	Office: 01954 286011 Mobile: 07584 490231
East Cambs	Lizzi.Wales@cambridgeshire.gov.uk	Office: 01354 750424 Mobile: 07500 224590
Fenland	Kerrie.Tonks@cambridgeshire.gov.uk	Office: 01354 372449 Mobile: 07826 890407
Fenland	Carl.sucking@cambridgeshire.gov.uk	Office: 01945 482674 Mobile: 07766 924738
Huntingdonshire	Alison.Preece@cambridgeshire.gov.uk	Office: 01480 376208 Mobile: 07797 266504
Huntingdonshire	Julie.Gunn@Cambridgeshire.gov.uk	Office: 01945 482996 Mobile: 07917 158927



6. Timescale for applications

The application process is fluid so that it can best respond to the generation of ideas and potential projects within communities. The panel will meet every six weeks to review applications, and your application will be considered at the next meeting.

Please do not assume that any grant will be paid until you receive a letter confirming the grant has been agreed. If your grant is unsuccessful you may be offered further support to re-apply or to identify alternative funding streams by your YCC.



Project Details

1. What is the title of your project?

Clever Cherubs

2. What is the aim of your project?

Clever Cherubs is a quarterly print children's magazine tailored to Cambourne aimed to be a hub of information for local families, this includes information on local support resources, local children's groups and local family friendly events. The magazine will also include helpful parenting articles and advice.

How will it achieve the following?

Help community members to develop their own initiatives and by doing so contribute to community resilience:

Through my research and talking to local families and businesses I have found that, even though there is a wealth of support and a vast array of local children's groups available, many families are still are unaware of everything that is available to them in Cambourne. My magazine is designed to include all this information in one place that is easily accessible and therefore allows more families to get involved in these local activities without having to 'search' for what they are looking for. After posting my idea on 'Cambourne information' and 'Cambourne mums and mums to be' Facebook pages, I have had great positive feedback with many local organisations and parents willing to get involved in the magazine on a long-term basis. I currently have 5 local parents regularly contributing articles to my magazine, including an NCT practitioner and two local primary school teachers. Each contributor writes an article based on their professional knowledge. For example, the NCT practitioner will write articles relating to baby development. I also have a number of local organisations contributing to it including the local library and Cambourne preschool. I have gained the involvement of a number of local organisations including Cambourne primary school, the Cambourne community school, Children's centre, library and the local cubs groups. After speaking to a number of local groups (both independently run and those run through hubs like the children's centre) I have gained a lot of support with many willing to distribute my magazine in exchange for the advertising.

Be inclusive and have a shared benefit to their communities:

Clever Cherubs will be a free magazine aimed at parents of children 0-8 years. It will be distributed via a number of areas and establishments that are family orientated, therefore ensuring it reaches the target audience. The magazine will be distributed via the following:

Cambourne community primary school – to be distributed to all students in their school bags

Monkfield park primary school – a number of copies will be displayed in the school office and the Care and Learning Centre for parents to pick up

Copies will be handed out to attendants at a number of local groups including cub scouts and groups such as mucky pups and Buggy bootcamp

Cambourne preschool are willing to distribute the magazine in all their children's school bags



Companies that advertise in the magazine (advertising is charged in order to sustain the magazine) will also distribute the magazine, these include Jill Bridger dance school and Giggle and Wiggle soft play centre in Caxton.

With all of these organisations contributing to one magazine, we are creating a community vibe and combining all family information in one easily accessible format.

Motivate and empower other community members to take part and by doing so develop social capacity:

As mentioned above, the magazine has a vast array of companies and groups contributing to it. This ensures they all work together to create a comprehensive guide for local parents to make informed decisions about what they want to do with/for their children. I have had great feedback about the magazine and the vast majority of people I have spoken to are willing to get involved. I already have a group of writers who are very excited about getting involved and I continue to receive messages from others with ideas on how else we can expand the magazine and what other information people would like to see in it.

I have spoken to a lot of people to get the magazine to this stage and through continuous networking I have found the feedback to be very positive across the entire community. People have expressed a need for a comprehensive guide that includes everything available to families, currently some people have found it difficult to work together and find out local information – the magazine would fill this ‘gap’ and help people to co-operate and share information.

Develop opportunities for children, young people and their families to engage in positive activity which is beneficial to their health and well-being:

The magazine will be full of opportunities for local families and children to get involved in the local community, whether this be accessing local resources, joining local groups that encourage children and new mothers to be more active, volunteering opportunities in the local area (such as encouraging more parents to help run local cub/beavers/scouts groups), or having their views heard. In the magazine I continually encourage involvement by encouraging parents to share their views on motherhood or encouraging local kids to get involved by trying something new or entering competitions that I will run in the magazine. I also encourage parents to get involved in writing for the magazine if this is something they would be interested in doing. As mentioned above I have already recruited a number of willing volunteers.

3. What format have you used to present you project?

You can present your project in one of 3 ways:

- A word document (up to 750 words). You can use photographs to illustrate your application
- A PowerPoint presentation (up to 15 slides with less than 50 words per slide)
- A video presentation (10 minutes maximum)

You will not be required to make a presentation in person.

- MS Word MS PowerPoint
- PDF YouTube video link - please give details

4. Where will your project take place?

- South Cambs East Cambs Huntingdonshire



Cambridge City Fenland

5. When will work funded by the grant take place?

Start date: December 2018

Finish date: December 2019

6. Feedback, Evaluation

(Please give a date that you expect to submit your end-of-project report/evaluation)

Final evaluation presentation date: December 2019

7. Please give details of the voluntary organisation or community group that will look after the funding for your project?

Name of Organisation:Parish council			
Name of 2 contact people in the organisation who will be responsible for administering funding for your project			
Name	Role in Organisation	Name	Role in Organisation
Contact address:		Contact address:	
Daytime phone no:		Daytime phone no:	
Email address:		Email address:	
Please briefly describe how you are linked to the organization:			



8. What is the legal status of the supporting organisation? Is it:

- A Not-For-Profit community organisation
- A Registered Charity Please give the charity number:
- A Company limited by guarantee Please give the company number:
- Another form of organisation
Please give details:

9. Supporting organisation - basic financial information

Does the support organisation e.g. Parish Council, school, local charity or voluntary organisation have:

Its own bank account requiring two unrelated people to approve withdrawals? Yes No

At least three members on its governing body? Yes No

Or

Is the support organisation part of the local authority? Yes No

10 Supporting organisation

Constitution

Does the support organisation's constitution permit it to administer funds for your project?

Yes No

Please note: the organisation will be required to provide and copy of their constitution before funding is released to their bank account.

Safeguarding

Does the supporting organisation have a safeguarding policy? Yes No

Will all supporting organisations staff and volunteers that will be involved in this project, have Disclosure and Barring Service (DBS) checks? Yes No



11. Project Costs

Expenditure

How much funding are you requesting from the Community Reach Fund (CRF)? £1000 to help with printing costs, alongside advertising revenue

Please list everything you will spend money on. Include VAT if applicable

Estimated cost of planned expenses / things you will buy	Cost less VAT	VAT if applicable
Printing costs	£1,063/issue	included
Petrol costs for distribution of the magazine	£20/issue	N/A
Total	£1,083/issue £4,332 for the full year	included

Quotations for equipment: You will need to supply quotations with your application for any items of equipment costing more than £200.

Match Funding

Does the project have match funding (in cash or in kind?) Yes No

What is the total of the match funding in cash? £

If match funding is provided in kind, please outline in the table below, how it is provided and who is providing it:

What support in kind is being offered? E.g. venue; staff time, resources	Who is providing this support?	What is the estimated value of this? Include costs/hourly rates
Volunteer time to lead and edit the magazine	Carla Greenwood (editor)	Approx. 416 hours over 1 year
Contributing writers	5 x writers	Approx. 60 hours over 1 year
Phone conversations to recruit advertisers	Carla Greenwood (editor) plus one volunteer	Approx. 52 hours over 1 year

12. Sustainability



Please tell us how you think your project or any equipment funded by the Community Reach Fund could become sustainable/contribute to the sustainability of community activity. Please also identify any support you might need to achieve sustainability.

I require a start-up fund in order to get the magazine launched. After the magazine has been distributed to the local area and becomes 'known' as a local resource, it will be sustained by regular advertising from local family friendly companies who wish to reach the families of Cambourne. I have already gained interest from a number of companies wanting to advertise and I believe this will increase as the magazine becomes integrated into the local community.

13. Supporting documents

Please confirm that you are submitting the following with your application form (electronic copies acceptable)

A copy of your project presentation (or a YouTube video link)
If the file size for your presentation is too large to be sent as an attached email or you have agreed to another format please contact your YCC contact to agree an alternative arrangement for submitting your presentation

The following essential documents from you or your supporting organisation. Please note we will not consider your application without these procedures in place:

- A copy of their Safeguarding / Child Protection policy
- A copy of their Equal Opportunities Policy
- A copy of their public liability insurance

Three quotations for any equipment costing more than £200 you intend to buy with this grant

Please list any other supporting documents you are submitting with your application

-
-
-
-

14. Declaration

Signatures of people applying for project funding:

I/we make this application with the understanding that I/we have responsibility carrying out the proposed project work, evaluating it and providing an end of project report as agreed



Full name in capitals	Signature	Date
Carla Ashleigh Greenwood	Carla Greenwood	01/01/2018



Signature of person representing the linked organisation that is supporting this application

Full name in capitals	Position in organisation

- I certify that the information contained in this application is correct
- I am authorised to verify support and take responsibility for this project behalf of the above organisation
- If the information in the application changes in any way I will inform my Youth and Community Co-ordinator immediately
- I give permission for Cambridgeshire County Council to record the information in this form electronically

Signature	Date

ADVERTISEMENT HEADING

Organization Name

1%

List your hours or the time and date of your event.

Describe your location by landmark or area of town.

Describe your special offer, and tell readers to bring in the ad to qualify.



Organization

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Expiration Date: 00/00/00

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Organization

Tel: 555 555 5555

Expiration Date: 00/00/00

Clever Cherubs



Daily Diaries

Local baby and toddler groups to keep your little ones happy!

Crafts

Make your own hanging decoration

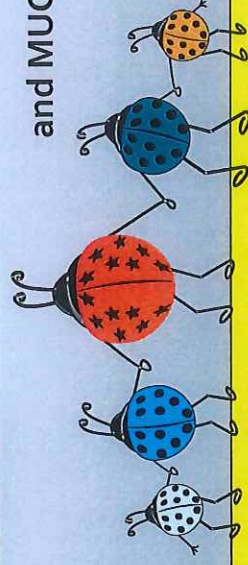
Focus on

How music can improve your child's confidence

PLUS!

Activity pages, mummy diaries, child development

and MUCH MORE!



Winter 2018

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Organization Name

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Organization

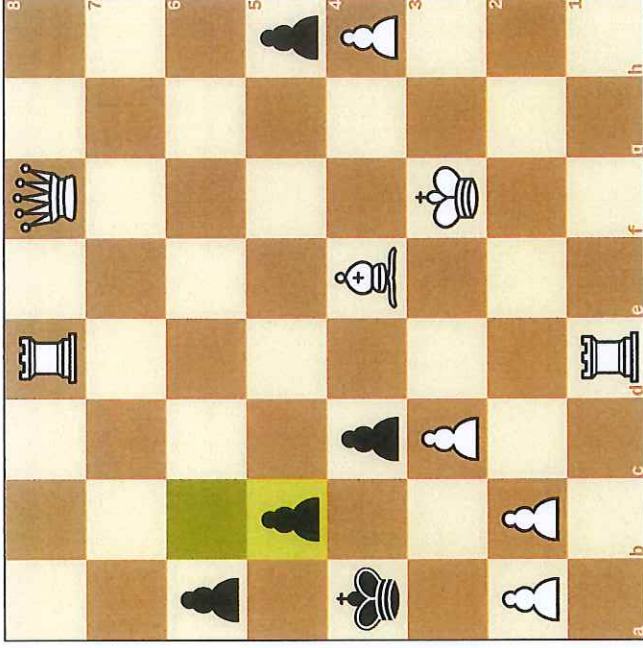
Tel: 555 555 5555

Expiration Date: 00/00/00

White is in the lead and has almost taken all black's pieces. Can you find the next winning move for white and checkmate black to end the game?



Fun fact: Did you know in Armenia, all children aged 6 and up are taught chess at school as it is a mandatory part of their curriculum! Does your school have a chess club? If not, have a go at starting one



Problem Solving!

Get your pencil and paper ready to solve Charlie's party problem!

Charlie was having his birthday party at the Hub. He went to Morrisons to buy some party food.

Here is his shopping list and the price of each item.

- Sandwiches - £1.56
- Cheese bites - £0.95
- Chocolate fingers - £1.34
- Juice - £1.58



1. When he has collected all the items on his list, how much will he need to pay?

2. Charlie gave £6.00 to the cashier. How much change will he be given?

Later, Charlie realised he had forgotten to buy cupcakes so went to The Coop. He found some cupcakes in the bakery section. They were on special offer.

£1.20 each OR Five for £5.50.

3. Charlie needs 12 cupcakes. If he uses the special offer, how much will 12 cupcakes cost him?

4. How much would it have cost him to buy them without the special offer?



Fun pages!

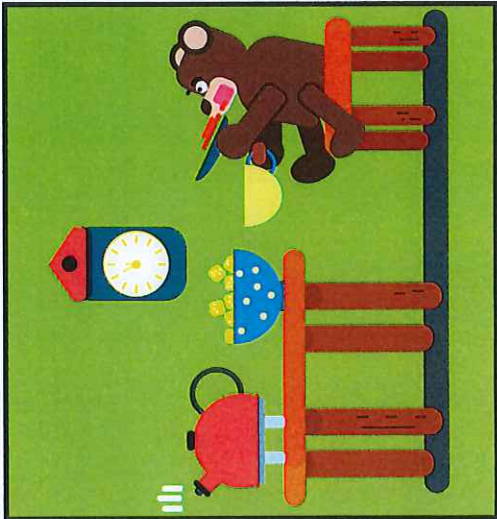


These Cbeebies and CBBC characters and presenters have had their names muddled up! Can you un-muddle them?

1. teePr tibaRb
2. ergnaD ouesM
3. rM berrTul
4. tAr jinNa
5. rM kaerM
6. giBn
7. eTevS ckaBshlla
8. opTys dna mTi



Spot the difference Find the 5 differences between the two pictures



Welcome



Welcome to the very first edition of Clever Cherubs! Your local children's magazine made for parents by parents. In each issue we will bring you informative articles and keep you up to date on the best ways to entertain your little one. It is now my favourite time of year! A time to meet up with family, sing cheery Christmas songs and perhaps even build a snowman if we are lucky! Music plays an important role in our lives; we hear it on the radio, on the television theatres and when celebrating special occasions. In fact, research has shown that music has many benefits for our little cherubs too. Find out more on page 10.

We all know the British weather can be a bit unpredictable so you will find plenty of indoor activities to entertain the kids. Why not get creative and help them make their very own Christmas mobile to hang up? Or check out our 10 pages, designed to sharpen up their maths and English skills over the holiday period.

Our baby and toddler diary is the centre piece of our magazine, giving you all the information you need on local children's groups in Cambourne. It is wonderful to live in an area with so much variety for our little ones!

Wishing you all a wonderful Christmas and a happy new year!

Carla



Contact us!

We would love to hear from our readers so feel free to contact us with any thoughts or questions you may have.

Carla.greenwood@larknet.co.uk

ADVERTISEMENT HEADING

Organization Name

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List your hours or the time and date of your event.

Describe your location by landmark or area of town.

Describe your special offer, and tell readers to bring in the ad to qualify.



Organization

Tel: 555 555 5555

Expiration Date: 00/00/00



Contributors



This page is dedicated to the wonderful local parents who have helped me to create this magazine. Your help is greatly appreciated!



Christine Le Grand

A qualified teacher with graduate qualifications in Art and Education. She runs Art Explorers, a Cambridgeshire based art teaching project for adults and children. Christine also organises and teaches art clubs and has been running the after school club at Monkfield Park Primary for four years. Christine is a ceramic artist when working on her own art and also likes to draw and paint.



Leanne Holmes

Leanne is currently on maternity leave with her second baby, Charlie, who was born exactly 19 months after his big brother, Henry. She can be found getting caffeinated in Green's or trying to wear her toddler out at Active Ants. When she manages to get the time Leanne is a blogger for The Motherload – a witty supportive and non-judgemental community and blogzine for brilliant women, who happen to be mothers.



Claire and Trevor Tolentino

Claire and Trevor live in Great Cambourne. They have been teaching in Cambridgeshire schools for over ten years and have a wide range of experience working with different age groups and abilities. By working around individuals specific needs, they have seen great results and have received positive feedback from parents and children who have been pleased with the progress they have seen.

You can follow them on Facebook @Cambournetutoring or visit their webpage at <http://cambourne-tutoring.business.site> to find out more.



Candice Lattimore

A licensed hypnobirthing practitioner and recognised birth and postnatal doula. She is also licensed to facilitate waterbirth, twins and multiples as well as introducing solids workshops. Candice has been running bumps and babies group for 6 years and was instrumental in setting up the first Cambourne pre school 14 years ago. She has a DipHE in antenatal education from the University of Bedford and a DipHE in postnatal education from the University of Worcester.

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Organization

Tel: 555 555 5555

Expiration Date: 00/00/00

Maternity leave expectation vs reality



By Leanne Simmons

Before becoming a mum I thought motherhood was a great big jolly. I imagined maternity leave would be one long holiday punctuated with coffee or beer garden dates with plenty of time to make a start on that novel. What a deluded idiot I was...

Those dreams I had of spending the summer in the garden topping up my tan while the baby slept indoors were dashed when I realised my baby did not like sleeping unless he was on me, being driven around in the car or pushed in the pram. We spent most of the summer in the car park at the Costa drive-thru with the air con on. I did not get a tan.

Here are a few more misconceptions I had about maternity leave:

1. There would be loads of time to catch up with friends

With my favourite people scattered all over the country I thought maternity leave would be the perfect opportunity to spend quality time with them as taking a baby on a road trip would be a peace of cake. Yeah, driving hundreds of miles on three hours of broken sleep with your most treasured possession in the car is never a good idea. And after factoring in the time it takes to load and unload all the paraphernalia needed by a small person the notion of just 'popping' to visit someone becomes rather exhausting. Thank goodness for WhatsApp.

2. I'd fill rainy days watching movies, box sets and reading

Hahahahaha I suppose I did watch a few box sets. By 'watch' I mean looked at the images as it's hard to hear dialogue over a screaming baby. And as for reading, by the time I got to bed those precious few hours were spent sleeping.

3. It'd be easy to get fit

My naive pre-baby self thought that because babies don't do a lot I'd be able to fill those hours when mine slept with exercise, healthy meal prep and giving myself home spa treatments. As previously mentioned, my baby didn't really sleep... I was too exhausted to exercise, Dominos delivers and the last time I did any serious self-grooming Trump was still most known as another way to say fart. I didn't get fit. I did get fat.

4. Summer days would be spent outdoors

2. I love the sun on my skin and gazing at blue skies and was so looking forward to cruising in my two

Preparing Practically

Go Shopping: Getting a new uniform can be very exciting and may be something that your child would enjoy helping you with. Choosing clothing without too many buttons or fastenings will help them grow in independence when changing. I'd recommend a higher topped shoe for both boys and girls to ensure that socks are kept dry on a rainy walk to school. Practicing changing into their PE kit is also fun! Make sure you label everything too! I used labels from stickins.co.uk.

Preparing Academically

Letters and numbers: There are some fun, practical activities that you can do with your child during the summer. Going for a walk can turn into a number/letter or shape hunt. Look for numbers on front doors or in the aisles of the super market. Look for letters on road signs or shop names and for different shapes/sizes of buildings. Encourage them to talk about what they see in order to build their vocabulary. Collect items on your walk which you can later count and sort by size, shape or colour.

Gross motor skills: Activities that use whole body movements such as running, jumping, kicking and throwing will help to develop core muscles and in turn help with everyday life at school - occasions such as changing for PE and not wobbling over when putting one foot at a time back into their trouser legs!

Fine motor skills: Larger movement activities will help the development of the fine motor skills needed for activities such as cutting with scissors or holding a pencil. Being able to write their name will be encouraged so activities that develop mark making skills will help prepare them for this. Fun activities include drawing/writing into mud or wet sand with a stick or using chunky chalks on paved areas.

On the big day

Get your tissues ready as you wave goodbye to your child who will suddenly look so grown up in their school uniform and new shoes! Remember that a few tears (from you and them) is perfectly

Use this space to tell your readers about your business, product, service, or event. This text should tell the reader what your offer can do for them. List your hours or the time and date of your event. Describe your location by landmark or area of town.



Organization Name Organization

Tel: 555 555 5555

Recommended Reading

I am Too Absolutely Small for School (Charlie and Lola) by Lauren Child

Topsy and Time Start School by Jean Adams

Harry and the Dinosaurs go to School by Ian Whybrow



The Wolf who wouldn't go to school by Caryl Hart & Leonie Lord

Starting School by Janet & Allan Ahlberg

Lucy and Tom go to School by Shirley Hughes

Preparing for big school

By Claire Tolentino



Having taught in local Early Years and KS1 settings for the past ten years, my husband and I have plenty of experience in settling young children into school life. In September 2017, we found ourselves suddenly waving our own little girl off into big school and this time, we were the parents on the other side of the school gates. I have put together a few ideas that you may find useful for both yourself and your little ones in the run up to their exciting new journey.

Preparing Emotionally

Settling anxiety: Children can feel quite anxious about this big change. Talking about their new school and reading stories about starting school can help them to feel at ease and answer some of their questions. Also getting your child together with other children from their new class during the summer holidays, can help them to get to know others before the new term. You can often find a Facebook page dedicated to parents of individual schools which you could use to arrange a class get together.

Arrange a home-visit: This will normally be part of the school's induction process at the beginning of the new term and I'd highly recommend taking this opportunity if you are offered it. The teacher (and usually the class teaching assistant) will drop by for a short visit in order to meet your child in their own home setting. Don't worry - they are not there to check out your home, they simply want to get to know your child in the environment where they are most relaxed. You may like to have a special toy set aside as a talking point for your child and their teacher.



The mummy diaries

Turns out babies don't really like the heat and it can be dangerous if they get too hot so I spent most of the summer searching for air con and the sports car had to go anyway because the pram wouldn't fit in the boot.

5. Meals would be lovingly cooked from scratch

When my son was about six weeks old I managed to cook a roast in time for my husband's return from work. This was achieved while wearing the baby and took four times as long as it would pre-baby because of the frequent stops to change nappies, feed, wee, settle...

6. It'd be really easy to get stuff done

Nothing is simple when there is a baby in the picture. Doing anything with a newborn is like taking part in a game show where the rules change every five minutes, you can only use one hand and there's a ticking time bomb that may go off at any moment which you have to drop everything for to diffuse. *(originally printed on the Motherload website)*



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Describe your location by landmark or area of town.

Describe your special offer, and tell readers to bring in the ad to qualify.



Organization

Tel: 555 555 5555

Expiration Date: 00/00/00

What is Talking Tennis?

Children communicate with us in many ways. Sometimes they smile, sometimes they use sounds, sometimes they look at or point to something, and when they're ready they might try to use words. When we recognise that a child is trying to communicate with us, we tune in and then follow their gaze to see what has caught their eye or respond with a smile. Perhaps we might copy their sounds or talk to them about what it is they are interested in. We then wait for the child to try to communicate again, and again we respond. These back-and-forth interactions between children and adults are known as **Talking Tennis** and new research indicates that these interactions can make a difference to children's language development over time.

The Talking Tennis tips highlighted below can be used with the Talking Walk activity sheets or at other times when interacting with little one(s) including visits to the supermarket, at home or at the library.

Crouch down to your child's level and look at what your child seems interested in.

Point to and name the object they're looking at. For example, 'cat'.

Wait for approximately 10 seconds for your child to look to you, babble, point or use words, then smile or offer praise when they do communicate with you.

Then talk with your child about what they are looking at or doing. Use comments rather than asking questions. For example, instead of 'What's this?' try 'Look, it's a ...!'

If your child says a word correctly, repeat back the word and add one or two more. For example, if your child says 'ball', you might say 'Charlie's ball' or 'Roll the ball'.

If your child says a word incorrectly, repeat back a correct model of the word in a positive way. For example, if your child points to the sun and says 'dun', you might say, 'Wow, the sun'.

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Talking Together in Cambridgeshire



Talking together in Cambridgeshire is a community literacy project, funded and co-ordinated by Cambridgeshire County Council Early Years' Service.

The Talking Together in Cambridgeshire team works with communities in Wisbech, March, Chatteris, Huntingdon and NE Cambridge City to help them support children to develop strong communication, language and literacy skills in their early years and inspire families to become more involved in this crucial stage of their child's development.

Check their Facebook page for new resources, links to activities and events near you and information about the work that is happening in the project reach areas.
www.facebook.com/talkingtogethercamb

Further resources

There are a number of websites and organisations dedicated to inspiring a love of reading in children and improving their literacy skills. Below are just some of the best sites to visit:

Words for Life An informative website set up by The National Literacy Trust to help give parents information on the communication milestones your baby and child might reach as they grow. The website is full of advice, useful tips and plenty of ideas for fun activities you can do together to help your children develop their literacy skills.
www.wordsforlife.org.uk/



Bookstart The largest reading charity in the UK. Their website offers a wealth of information including a 'book finder' tool and a variety of online games, stories and worksheets, with the option to sign up to their free Bookstart Bear Club. Bookstart also organise thousands of fun free events in libraries and children's centres across the country, including Rhyme time and Storytime events.

Teach your Monster to Read An award-winning series of games that has helped millions of children learn to read. Your child can create their own monster and take it on an adventure through a magical world, meeting fun characters, and winning

early years

Free early learning and childcare places

All 3-4 year olds in England are entitled to free early education or childcare. Some 2 year olds are also eligible for 15 hours free childcare based on certain criteria.

Your child must be with an approved childcare provider and your funding will stop when your child starts in reception class (or reaches compulsory school age, if later).

15 hours free childcare: All children in England get 570 free hours per year, from the term after their 3rd birthday. It is usually taken as 15 hours a week for 38 weeks of the year, but you can choose to take fewer hours over more weeks. You can contact your childcare provider or local council to find out more.

30 hours free childcare: You may be entitled to up to 30 hours free childcare (1140 hours per year, which you can choose how to take).

If you are eligible for the extra hours, you can sign up online through the government website to get a code to give to your childcare provider to reserve your place. You will get the extra hours once the next term starts

You are usually eligible if you, or your partner are:

- In work, or getting parental leave or annual leave
- each earning at least the National Minimum Wage or Living Wage for 16 hours a week—this is £125.28 if you are over 25

Looking for a childminder around Cambourne?

You don't have to go through the hassle of contacting every childminder individually just to ask if they have a space. Your local Childminding Support and Development Officer is your one stop shop to finding out all the available spaces in your area.

Contact: Deborah Townsend

Childminding Support and Development Worker
Professional Association for Childcare and Early Years

Normal working hours are Monday–Thursday 9am–3pm and Friday 9am–1pm

Now time for the fun part—decorating!

When the mobile is hung up it will be seen from both sides so make sure it is decorated all over. You can cover up where the string is attached by gluing another piece of card onto the back of each shape.

You can decorate your masterpiece with anything you like, and older kids can experiment with more pig to see how the balance is affected.

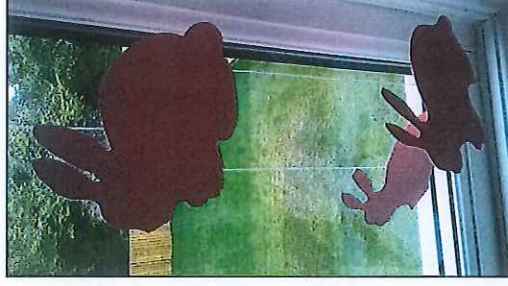
Framework: If you are looking for something a little more complex, you can make frames from different objects including paper plates, twigs or clothes hangers, to hang your objects from. These can be suspended with ribbons, string, wool, wire or a simple chain made from linked paperclips.

Themes: Every good mobile needs a theme!

Here are a few ideas to spark your child's imagination:

- Nature: flowers, birds, pine cones, leaves
- The solar system: make your own planets and stars!
- Weather: snowflakes, clouds, sun, raindrops
- Memories: add photos of your families and friends to your mobile. You can thread beads onto the string to weigh the photographs down

TOP TIP: Old blank CD's look great hanging on a mobile as they catch the light beautifully!



Competition time!

We would love to see your handywork and you could even win a prize! Send photos of your hanging mobiles to the email address below and the best one will win its maker and their family free tickets to visit Shepreth Wildlife park!
Have fun and good luck!

Send all entries to:



Hanging mobiles



By Christine Le Grand

This fun craft is great for kids of all ages, although obviously for younger children you may need to help them a little bit! The simplest mobile can be made by hanging one object from a single string or thread. You can make them more complex by adding more objects to the frame or adding more frames that are suspended from each other in such a way as to create balance and ease of movement. It's a great way to teach your kids about balance! The possible designs for mobiles are as extensive as the imagination and are fun for the whole family. Plus your kids will get to decorate their room with their own designs!

Use the simple example below to create a number of different mobiles but don't be afraid to add your own creative flair!

You will need:

- Scissors
 - Pencil
 - Glue suitable for foam sheets
 - Sticky tape (double sided tape if you have it)
 - String or thread heavy enough to hang straight (kite string works well)
 - Coloured card or thick paper
 - Any other craft items you want to decorate with.
- Examples include paints, googly eyes, feathers and stickers



Draw a large shape of your choice (either by freehand or using a template) on the card, thick paper or foam sheet. You will then need to cut out two smaller versions of the same shape.

Attach the two smaller shapes to the bottom of the larger shape using thin string or cord and attach a longer piece of string to the top of the larger shape. Now you have the basis for a hanging mobile!

The key to the perfect balance is making sure the main piece is large enough —about the size of an adult hand. The smaller pieces need to be attached towards the outer edges of the larger piece and

TOP TIP: Why not get into the festive spirit by creating your own Christmas themed mobile? Decorations you could make include bells, candles, snowmen, holly, robins or snowflakes.

School admissions

It's time to apply for a Primary school place for your little cherubs!
Follow our handy application guidelines to ensure you secure a place.

It is your responsibility as a parent / carer to make an application for a school place. School admissions in Cambridgeshire are managed by the County Council's School Admissions Team. They deal with applications for places in all school year groups, with the exception of sixth forms and colleges.

When does my child start Primary School?

In England and Wales, most children start primary school in the September after they turn four years old. However some parents (especially those with children whose birthdays fall in the summer) may choose to defer school entry for another year. However be aware that it is Cambridgeshire County Council's policy to admit children to the year group appropriate to their year of birth. For more information contact the Admissions team.

How do I apply for a primary school place?

The easiest way to do this is online through your local councils website (For Camboorne residents this is Cambridgeshire County Council at www.cambridgeshire.gov.uk/admissions), and you will need to apply through their online Citizen Portal. Alternatively, you can choose to complete a paper by calling 0345 045 1370 to be aware that you will not be able to receive your offer by email and you will have to wait until your offer is received in the post. In Cambridgeshire you can apply for up to three schools in order of preference. It is important that you use all three, as if you only apply to one school then you will only be considered for that school. If you fail to secure a place then you may be allocated to a school that is further from your home than you would not be entitled to transport assistance. You should place the schools in the order you would like your child to attend. It is a good idea for you to obtain as much information as possible about how place your preferred schools are allocated. It is important that you understand the over-subscription criteria for your preferred schools this will differ between schools. This will allow you to make an informed choice of what is the best option for your child.

It is recommended that you list your catchment school as one of your three preferences as this school will be the most likely to be able to offer your child a place.

Remember: Your child is NOT guaranteed a primary school place even if they already attend a nursery or are linked to a primary school. Everyone needs to apply!

If you experience any issues with the Citizen Portal, they advise you to contact the School Admissions team. Email: admissions@cambridgeshire.gov.uk.

DEADLINE for primary school applications is 15th January 2019!



Mastering Motherhood: A Journal for the Journey

A mindfulness journal designed especially for the first year of motherhood.

Filled with activities to focus your mind, celebrate the wins and accept the things that could have gone better.

15% off at Masteringmotherhood.co.uk

Code: CAMBOURNE

Baby and Toddler Diary

Carers and tots The Hub
9:30-11.00 (0-5yrs)

Term time only, £2/session

<https://www.facebook.com/carersandtots>

International group Blue School

10.00-11.30 (0-5yrs)

Term time only, free (bring a healthy snack as a donation)

<https://www.facebook.com/SouthCambsChildandFamilyCentre>

Bouncy castle stay and play Cambourne Church

12.00-2.00 (walkers-5yrs)

Term time only, £4/session

Active fun Everyone Active

15.45-16.15 (3-4yrs)

£3.15/session

<https://www.everyoneactive.com/centre/cambourne-fitness-and-sports-centre>

Toy library Blue school

13:00-14:30 (0-5yrs)

Term time only, 50p/session or £12/year

<https://www.facebook.com/CambourneToyLibrary>

Friday

Rhyme time/Story time The library

9:30-10.00 (0-5yrs)

Term time only, free

Active Antz Everyone Active

9:30-10:30/10:30-11.30 (0-5yrs)

<https://www.everyoneactive.com/centre/cambourne-fitness-and-sports-centre>

Cambourne breastfeeding support group Children's centre

10.00-11.30

Term time, free

<https://www.facebook.com/SouthCambsChildandFamilyCentre>

FamilyCentre

Totspay Sports Pavilion

10.00-10.50 (8 months-3yrs)/11.00-11.45 (2 months-9 months)

Pay per term

<https://www.totspay.co.uk>



Junior football Everyone Active

15.45-16.15 (3-4yrs)

£3.50/session

<https://www.everyoneactive.com/centre/cambourne-fitness-and-sports-centre>

Saturday

Mini Athletics Cambourne Village College

9.00-9.45 (2-3-5yrs)/9.45-10.30 (3-5-5yrs)/10.30-11.15 (5-7yrs)

Pay per term

<http://www.miniathletics.com>

Dads Breakfast club Cambourne church

8.30-10.00 (all ages)

First Saturday of every month

Sunday

Active Antz Everyone Active

9.00-10.00/10.00-11.00 (0-5yrs)

<https://www.everyoneactive.com/centre/cambourne-fitness-and-sports-centre>



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Baby Milestones

By Candice Lattimore

Often, when people talk about child development they think of physical milestones, yet babies develop in a number of different ways.

- **Physical** - development of the body and its ability to move, sometimes separated into small muscle movements (fine motor skills) and large muscle movements (gross motor skills)
- **Cognitive** - ability to think about abstract concepts and begin linking ideas and coming to conclusions
- **Social** – building relationships with others around them
- **Emotional** - managing their own emotions and understanding the emotions of others.

These four strands of development intertwine. For example, communication and language development is a combination of all four:

- The physical ability to make the movements needed to speak
- Cognitive development to be able to think about what they want to communicate
- A knowledge of how relationships work and the social rules about communicating, such as turn-taking in conversations
- Understanding the meaning of emotions to be more able to communicate effectively.

Milestones are often used to help parents understand their child's development. While there is a pattern to the way the different strands of development unfold, the timings may vary. Parents often compare their child's development with others of a similar age. But doing so can sometimes lead them to feel needlessly anxious.

Many parents wonder what they can do to help their child reach their milestones. All development can be influenced by a child's temperament, the environment and their health. If your child is unwell they may seem to regress emotionally and need more support, cuddles, extra affection and reassurance.

Children learn through imitating, observing, asking questions, exploring and repeating. Play provides the opportunity for your baby or toddler to practise and develop new skills.

Some suggestions for inexpensive or free and easy to do at home learning through play are:

- Peek a boo, on repeat. They love repetition
- Saying sounds with eye contact and let baby watch. Your baby may try to copy, so always offer reassurance that they are doing well by smiling back.
- Sitting baby on your lap and singing to them

Baby and Toddler Diary

Music and Movement Everyone Active Gym
 15:45-16:30 (18 months-4yrs)
 term time only, £4/session
<https://www.everyoneactive.com/centre/cambourne-fitness-and-sports-centre>



Active stories Everyone Active Gym
 16:30-17:00 (3-5yrs)
 term time, £3.15/session
<https://www.everyoneactive.com/centre/cambourne-fitness-and-sports-centre>

Wednesday

Ant invasion Everyone Active Gym
 9:00-10:30/10:30-12:00 (0-5yrs)
 (<https://www.everyoneactive.com/centre/cambourne-fitness-and-sports-centre>)



Tumbletots The Hub
 9:45-10:30 (walking-2yrs) 10:45-11:30 (2-3yrs)
 11:40-12:25 (3-4yrs)
 term time only, pay per term
<https://www.tumbletots.com>

Baby Sensory class New Cricket Pavilion
 10-10:55 (7-13 months) 11:15-12:10 (0-7 months)
 12:30-1:25 (newborn-7 months)
 pay per term
<https://www.babysensory.com/cambridge>

Buggy Bootcamp meet at Crowhill Lane Green
 10:00-11:00 (babies and toddlers)
 £36 per 6 week block (please book in advance)
 They have a Facebook page

Multiple birth group Children's centre
 10-11:30, free
 Parent led. (1st and 3rd wed of every month)
<https://www.facebook.com/cambournechildrenscentre>

NCT Bumps and Babies Monkfield Arms
 10:30-12pm (bumps-1yr)
 Term time only, free (donations welcome)

Stay and play session Blue school
 10-11:30 (0-5yrs)
 Term time only, £2/session
<https://www.facebook.com/SouthCambsChildandFamilyCentre>

Olympians Everyone Active Gym
 15-45-16-45 (3-4yrs)
 £3-15/session

Ballet Everyone Active Gym
 16.00-17.00 (3-4yrs)
 £3-15/session



Thursday

Little Kickers Cambourne church
 9:15-10.00 (2-3yrs) 10:15-11.00 (3-5-5yrs)
 Book 12 sessions
<https://www.littlekickers.co.uk>

WriggleTots The Hub
 9:30-10:15 (0-2yrs) 10.30-11:15 (2-4yrs)
 Term time only, pay per term
<https://www.wriggleTots.co.uk>

Baby and Toddler Diary

Monday

Active Antz Everyone Active Gym
9:30-10:30/10:30-11:30 (1-5yrs)
£4.15/session PAYG
<https://www.everyoneactive.com/centre/cambourne-fitness-and-sports-centre>

Let's get physical Blue school
10.00-11.00 (walkers-5yrs)
Term time only, £2/session PAYG
<https://www.facebook.com/SouthCampsChildandFamilyCentre>



Little Bear Feet The Hub
10:30-11.00 (18-24 months)
Pay for a term
Jill Bridger School of Dance
<http://www.danceschool.biz/bridgertimetable.html>

Baby Group Children's centre
13:30 - 15:00 (newborn-walking)
free
<https://www.facebook.com/SouthCampsChildandFamilyCentre>



Tots football The Hub
13:00-14:00 (2-5yrs)
£3.0 for 5 week term (£6/session)
Bookings can be made through:
www.thefootballfunfactory.co.uk

Shuffletots The Hub
14:15-15:00 (0-5yrs)
£5/session
<http://www.shuffletots.co.uk>

Tuesday

Childminder group Children's centre
09:30-11:30, free
Ask the Children's centre for more details
<http://www.tinytalk.co.uk>

Tinytalk baby signing The Hub
10:00-11:00 (newborn-2yrs)
Term time only, pay per term
<http://www.tinytalk.co.uk>

Mucky Pups The church
10:30-11:30 (walking-5yrs)
£4/session
<http://www.muckypupscambridge.co.uk>



Sweaty Mama The church
12.30-13.15 (babies or toddlers)
Pay per 6 week course
They have a Facebook page

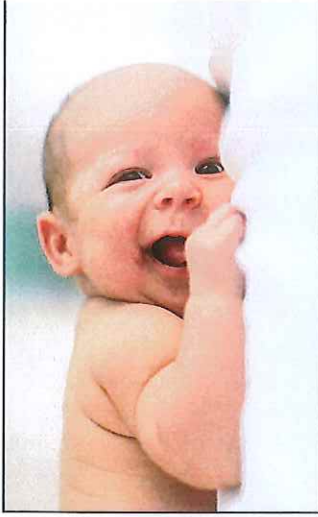
Baby Massage Everyone Active Gym
12.45-13.45 (6 weeks-pre crawling)
term time only, £7/session (5 week block)
<https://www.everyoneactive.com/centre/cambourne-fitness-and-sports-centre>

Cambourne Buggy Walk Meet at blue school
13:45- 14:30 (all ages)
Term time only, free
They have a Facebook page

Musical sensory play Everyone Active Gym
14:00-14:45 (6 months-3yrs)
term time only, £4/session
<https://www.everyoneactive.com/centre/cambourne-fitness-and-sports-centre>

Child development

- Reading books and pointing at pictures
- Repeating words or making noises
- Clapping hands together
- Laying with your baby on the floor and have different textures, colours or lights to look at and explore. For example, sheets that runners use at the finish line, fairy lights, texture books and mirrors.



As your baby moves through some of the key developmental leaps they may need more comfort and reassurance, because they are experiencing the world in a new way which can be unsettling for them.

It can be really hard for a parent to support their child's development if they are feeling vulnerable and unsupported themselves. Parents may also put themselves under pressure to provide the right environment and stimulation for their child.

There is clear evidence that early experiences can affect the way children learn, get along with others and make their way through life. This applies not only to when they are still children, but also later as teens and as adults. A firm foundation means children become more resilient. They cope better with problems so are better equipped to navigate life's road as they get older.

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Baby & toddler diary



	8.30	9.00	9.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00
MONDAY			Active Ants	Moo Music Lets Get Physical	Active Ants						Baby Group		Shuffletots					
TUES			Moo Music TinyTalk		Mucky Pups	Jo Jingles Little Bear Feet				Baby Massage		Musical Sensory Play				Music and Movement	Active Stories	
WEDNESDAY		Ants Invasion	Mummy Meet Up		Ants Invasion							Buggy Walk				Olympians	Ballet	
			Tumbletots		Tumbletots	Tumbletots		Tumbletots										
			Baby Sensory		Baby Sensory													
					NCT Bumps and Babies													
				Stay and Play														
				Multiple births group														
THURSDAY			Little Kickers		Little Kickers													
			Wriggletots		Wriggletots													
			Carers and Tots		Carers and Tots													
					International group													
			Rhyme time		Tots Play													
FRI			Active Ants		Active Ants													
			Mini Athletic		Mini Athletic													
SAT			Dads Breakfast club		Dads Breakfast club													
			Active Ants		Active Ants													
SUN																		

Key

Church	Library	Sports pavilion	Monkfield Arms	Everyone Active	Cricket pavilion	Blue school	Children's centre	Cambourne Village college	Hub
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