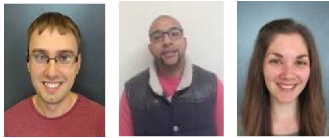


**Cambourne**


Strategic Priority	KPI	Actual
<b>Engage</b>	Number of young people regularly involved in Romsey Mill activity	223
	% in target group	96%
	Hours of face-to-face delivery	646.5
	Customer satisfaction	8.9
	Range of open access activities on offer	Wednesday Junior Youth Club Wednesday Middle Youth Club Wednesday Senior Youth Club Year 6 Youth Club Music Studio Sessions Soul Stories Football Group Friday Youth Club
	Number of volunteers supporting sessions	10
<b>Respond</b>	Number of young people receiving one-to-one support	14
	Number of youth led initiatives	2
	Partners	Cambourne Youth Partnership Cambourne Town Council Cambourne Church Cambourne Village College Cottenham Centre School Wysing Arts Centre
	Involvement in CAF/TAFs	4
	Number of 'transfer support' projects	1
	Feedback from young people	100% felt valued as an individual whilst at Romsey Mill sessions 100% enjoyed their time at Romsey Mill 100% felt the services they received from Romsey Mill were of good quality
<b>Create</b>	Number of residentials	1
	Number of adventurous activity and extended learning trips	Teamworks Laser Tag Cambridge Junction and Kettle's Yard 3 x Wysing Arts Centre 4 x CryptX Escape Rooms
	Improvement in soft-outcomes	96% expressed improvement in their confidence 91% expressed improvement in their ability to

		<p>overcome challenges</p> <p>93% expressed improvement in their ability to get along with others</p> <p>88% expressed improvement in their hope for the future</p>
<b>Equip</b>	Number of young people engaged in alternative education sessions	10
	Accreditation achieved	1 x Level 1 Award in Home Cooking Skills
	Facilitation of work experience opportunities	-
	Direct support of young people into EET	1
<b>Inspire</b>	Number of young leaders involved in sessions	4
	Number of celebration events	3
	Number of community projects	2
	Number of indigenous leaders volunteering in sessions	5

This has been a year of continued growth for our youth work in Cambourne, which is delivered in partnership with Cambourne Youth Partnership, with many young people attending our open access groups alongside a range of targeted support options. The work has been led by lead worker Jonathan Buwert alongside youth support workers Emma Slater and Justin Lewis, with a number of new volunteers joining the team. This year we have particularly invested in the equipment in our recording studio as we dedicate more time to creating opportunities to reach the most at-risk young people through music projects. We have also enjoyed a closer working relationship with Cambourne Village College, offering alternative education group work and one-to-one support.

### Positive Activities and Youth Clubs

#### *Junior Youth Club – Cambourne Soul*

Our weekly open access youth club for young people aged 11-13, offering a space to come and be with friends, listen to music, have a game of pool, use the computers and Playstation and take part in activities such as baking and board games:

- ✦ 73 young people across the year with 19 on average each week
- ✦ 59.5 hours of face-to-face delivery
- ✦ Distance travelled
  - 93% expressed an improvement in confidence.
  - 93% expressed an improvement in their ability to overcome challenges.
  - 86% expressed an improvement in their ability to get on with others.
  - 93% expressed an improvement in hope for the future
- ✦ Feedback:
  - "I really enjoy it here and feel very included"
  - "It's got good food"
  - "FUN!"
- ✦ Average rating: 9.3
- ✦ 2 trips: Teamworks Laser Tag in Letchworth and CryptX Escape Rooms in Knapwell
- ✦ 1 special event: Pamper Night
- ✦ 1 volunteer
- ✦ 2 young leaders



### *Middle Youth Club – Cambourne Soul*

A weekly open access youth club for young people aged 14-16, offering a space to come and be with friends, listen to music, have a game of pool, use the computers and Playstation and take part in activities such as baking and board games:

- ✧ 36 young people across the year with 8 on average each week
- ✧ 55.5 hours of face-to-face delivery
- ✧ Distance travelled
  - 78% expressed an improvement in confidence.
  - 89% expressed an improvement in their ability to overcome challenges.
  - 89% expressed an improvement in their ability to get on with others.
  - 78% expressed an improvement in hope for the future
- ✧ Average rating: 9.1
- ✧ 1 trip: CryptX Escape Rooms in Knapwell
- ✧ 1 volunteer
- ✧ 1 young leader

### *Senior Youth Club – Cambourne Soul*

The oldest weekly open access youth club for young people aged 16+, offering a space to come and be with friends, listen to music, have a game of pool, use the computers and Playstation and take part in activities such as baking and board games:

- ✧ 46 young people across the year with 19 on average each week
- ✧ 55.5 hours of face-to-face delivery
- ✧ Distance travelled
  - 91% expressed an improvement in confidence.
  - 91% expressed an improvement in their ability to overcome challenges.
  - 100% expressed an improvement in their ability to get on with others.
  - 91% expressed an improvement in hope for the future
- ✧ Feedback:
  - “Amazing people here”
- ✧ Average rating: 8.5
- ✧ 1 trip: CryptX Escape Rooms in Knapwell
- ✧ 4 volunteers

### *Boxing Group – Icen Boxing Gym, Hardwick*

The boxing group supports a number of young people by providing an environment for building confidence and channelling anger in a positive way, with a particular focus on fitness:

- ✧ 12 young people across the year with 3 on average each week
- ✧ 64 hours of face-to-face delivery
- ✧ Distance travelled
  - 100% expressed an improvement in confidence.
  - 100% expressed an improvement in their ability to overcome challenges.
  - 67% expressed an improvement in their ability to get on with others.

- 100% expressed an improvement in hope for the future
- ✦ Average rating: 8.7



### *Soul Stories – Cambourne Soul*

A project run in collaboration with the Wysing Arts Centre to give space for young people aged 15-19 to share their stories through creative mediums such as visual art, photography, music, video and writing:

- ✦ 18 young people across the project with 6 on average each week
- ✦ 33 hours of face-to-face delivery
- ✦ 2 trips: Cambridge Junction & Kettle’s Yard, and Wysing Arts Centre
- ✦ 1 special event: Cambourne To Be Wild Music Festival



### *Football Group – Cambourne Football Pitches*

A mixed-ability, mixed-gender football team where any young person aged 14-17 is welcome to join in with training and have the opportunity to play with the team in matches:

- ✦ 19 young people across the year with 9 on average each week
- ✦ 37 hours of face-to-face delivery
- ✦ Distance travelled
  - 100% expressed an improvement in confidence.
  - 100% expressed an improvement in their ability to overcome challenges.
  - 100% expressed an improvement in their ability to get on with others.
  - 100% expressed an improvement in hope for the future
- ✦ Average rating: 8
- ✦ 1 residential: St Bartz Centre in Barcombe, East Sussex
- ✦ 2 matches played
- ✦ 2 volunteers



***Baking and Cooking Group – Cambourne Soul***

A new group set up for a few girls to develop their cooking and baking skills by trying out new cooking-from-scratch recipes each week:

- ✧ 4 young people across the project with 3 on average each week
- ✧ 12 hours of face-to-face delivery
- ✧ 1 volunteer
- ✧ 1 young leader

***Friday Youth Club – Cambourne Soul***

This club was set up as a space for young people to come into after having been playing with the football team or involved with studio sessions on a Friday, and to enjoy the food made by the baking and cooking group:

- ✧ 28 young people across the project with 11 on average each week
- ✧ 12 hours of face-to-face delivery
- ✧ 1 volunteer
- ✧ 1 young leader

***Thursday Evening Studio Sessions – Cambourne Soul Studio***

These sessions have engaged with a variety of young people with different musical interests, who have worked along with a youth worker and volunteers to develop their skills in singing, writing lyrics, rapping and recording:

- ✧ 11 young people across the project with 3 on average each week
- ✧ 50 hours of face-to-face delivery
- ✧ 2 volunteers

***Summer Activity Week – Cambourne Soul and Cambourne Church***

During the Summer of 2018 we ran a whole week of activities which were free for any young people to come along and enjoy, including an open mic night, inflatable laser tag, graffiti art session, movie night, breakdancing workshop, trip to Rapademic, BBQ, and baking.

- ✧ 55 young people across the project with 20 on average at each activity
- ✧ 21 hours of face-to-face delivery
- ✧ 1 trip: Rapademic Gig in Cambridge
- ✧ 2 volunteers



### *Youth Clubs Christmas Meal – Cambourne Church*

A group of young people from the Senior Youth Club chose to host a Christmas dinner for all of the young people who attend our youth activities across the week. We are grateful to the support of Cambourne Church for the use of their space and to Morrisons and the Co-op in Cambourne for contributing towards the food needs. The result was a very enjoyable evening attended by over 30 young people, with food, laughter and festivities.



### **Detached**

#### *Friday Evening Detached - Cambourne*

An opportunity for youth workers and volunteers to go out onto the streets in Cambourne and meet with young people who are hanging around. This has been a valuable way of connecting with young people who may not otherwise have engaged with any positive youth activities and has resulted in being able to provide support beyond the detached work itself:

- ✧ An average of 15 young people engaged with each week, with whom we already work with 60%
- ✧ 21 hours of face-to-face delivery
- ✧ 1 volunteer

### **One-to-one support**

#### *Community based pastoral care sessions - Cambourne*

As we meet and engage with young people through the open access activities, we often come across other issues with which support is needed, and we meet with young people one-to-one to offer this support including with emotional and mental health, getting back into formal education, and managing difficult family or relationship situations:

- ✧ 16 young people
- ✧ 32 hours of face-to-face delivery

#### *Friday Studio Sessions – Cambourne Soul Studio*

Our studio sessions on a Friday work alongside the detached work, providing an avenue of positive activity and engagement for young people who may otherwise be in a situation where they could be drawn into anti-social or risk-taking behaviour:

- ✧ 5 young people
- ✧ 14 hours of face-to-face delivery

### **Alternative education**

#### *Year 7-8 Boys Step-Up Group – Cambourne Village College*

A group supporting a group of students' personal and social development through a programme of activities exploring youth culture, role models and ideas about masculinity:

- ✧ 8 young people across the project with 7 on average each week
- ✧ 12.5 hours of face-to-face delivery
- ✧ Distance travelled
  - 100% expressed an improvement in confidence.
  - 100% expressed an improvement in their ability to overcome challenges.
  - 100% expressed an improvement in their ability to get on with others.

- 100% expressed an improvement in hope for the future
- ✦ Average rating: 9.6
- ✦ 2 trips: CryptX Escape Rooms in Knapwell and Wysing Arts Centre in Bourn
- ✦ 1 volunteer
- ✦ 1 young leader



*One-to-one sessions – Cambourne Village College and Centre School, Cottenham*

Providing individualised Alternative Education programmes for students who may struggle to engage in a mainstream curriculum, offering accredited and non-accredited courses in cooking skill and babysitting, and supporting the exploration of future education and career paths:

- ✦ 2 young people
- ✦ 102.5 hours of face-to-face delivery
- ✦ Average rating: 9.5



**Transfer Support**

*Year 6 Youth Club*

A six-week open access youth club for young people in Year 6, providing a space for building friendships across the primary schools in Cambourne through positive youth club activities and specific activities exploring issues relating to school transition such as hopes and fear, bullying, school rules and where to find support:

- ✦ 63 young people across the project with 32 on average each week
- ✦ 6 hours of face-to-face delivery
- ✦ Distance travelled
  - 100% expressed an improvement in confidence.
  - 100% expressed an improvement in their ability to overcome challenges.
  - 100% expressed an improvement in their ability to get on with others.
  - 100% expressed an improvement in hope for the future
- ✦ Feedback:
  - “It is a great way to boost confidence”
  - “I think being at youth club has changed my personality (in a good way)”
  - “It’s great and I find it’s a great way to make friends”

- “It is amazing. I like how there are also younger leaders that have had the same experience as us. And I love to come.”
- ✦ Average rating: 8.7
- ✦ 1 volunteer
- ✦ 2 young leaders

**Residential**

*Football Team Residential – St Bartz Centre in Barcombe, East Sussex*

A two-night residential with members of the football team, with a host of activities such as go-karting, football stadium tour, Aqua Park and footgolf, designed to build and develop teamwork, communication and friendship:

- ✦ 7 young people
- ✦ 41.5 hours of face-to-face delivery
- ✦ Distance travelled
  - 100% expressed an improvement in confidence.
  - 100% expressed an improvement in their ability to overcome challenges.
  - 100% expressed an improvement in their ability to get on with others.
  - 80% expressed an improvement in hope for the future
- ✦ Average rating: 8.8
- ✦ 1 volunteers



**Summer activities**

*Young Leaders Trip – Southlake Aqua Park, St Neots*

A team building trip with our young leaders to an Aqua Park as a thank you for their commitment throughout the year to support young people with various youth groups and activities each week:

- ✦ 3 young people
- ✦ 3.5 hours of face-to-face delivery

*Go Karting Trip – Wild Tracks Go Karting, Newmarket*

A trip with a targeted group of Year 7 and 8 lads to Wild Tracks Go Karting in Newmarket:

- ✦ 6 young people
- ✦ 4 hours of face-to-face delivery





### Volunteers Social – CryptX Escape Rooms

A team building trip with our team of volunteers as a thank you for all of their dedication to youth groups and young people throughout the year, with an opportunity for volunteers from different areas of the work to connect together:

- ✦ 20 hours of face-to-face delivery
- ✦ 6 volunteers



### Case studies:

Mary\* is a young person who has engaged with the work of Romsey Mill in a variety of ways over the past few years. We first got to know her through one of the open-access groups, and she has since been involved in other targeted groups at the youth centre in Cambourne during the week. She has particularly engaged with one of our youth workers, Emma, through our Alternative Education work with Cambourne Village College and says of Emma “she’s there if I need to talk to someone. I tell Emma most stuff and talking about parents has helped me.” We have seen Mary grow in her resilience and understanding of herself over this past year, and she has talked about her ability to remain calmer when faced with argumentative situations. When talking about the work of Romsey Mill in Cambourne she shares that “it’s a calm place and there’s always going to be someone that you can talk to”.

\*The name of this young person has been changed

Alice\* is a young woman who has benefitted through a variety of activities and support offered through Romsey Mill’s work in Cambourne. She has been involved in the open access youth clubs for several years and has also taken up boxing through a targeted group that we run. Alice has now stepped up to being a young leader, working with some of the younger teenagers in the youth clubs and the boxing group; she says: “I have really enjoyed boxing, particularly the fitness aspect of it. It has a lovely atmosphere.” Alice appreciates the support that she’s received from the youth workers and volunteers at Romsey Mill and recognises the importance of the opportunities that she’s been given. “It’s helped me with mental health but it’s also helped me gain a lot of confidence as a leader. I think I’ve seen the world in a different way; it’s helped me really mature. If you feel like you’re struggling and you need someone to talk to and need to be around a good atmosphere, Romsey Mill provides that.”

\*The name of this young person has been changed